

A Day in CACFP Meal Requirements for 3-5 Year olds

BREAKFAST must contain milk, fruit or vegetable, and grain. A meat/meat alternate may be served in place of grains a maximum of 3 times a week.

- | | |
|-----------|--------------------------|
| 3/4 cup | Low/Fat-Free Milk |
| 1/2 cup | Fruit, Vegetable or Both |
| 1/2 oz eq | Grains |



3/4 cup
Low/ Fat-Free
Milk

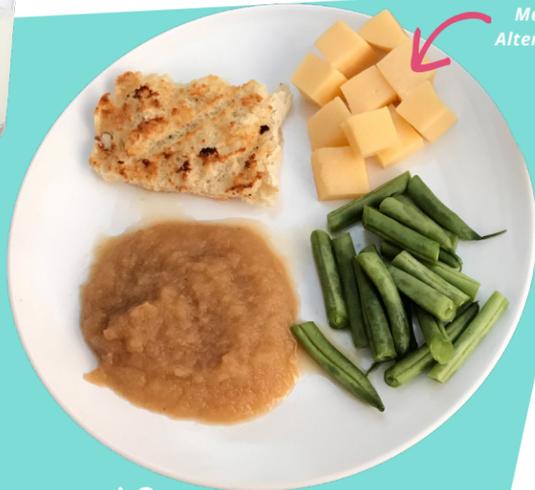
BREAKFAST

LUNCH OR SUPPER must contain all 5 components. A second vegetable may take the place of fruit, as long as it is two different kinds of vegetables.

- | | |
|-----------|---------------------|
| 3/4 cup | Low/Fat-Free Milk |
| 1/4 cup | Fruit |
| 1/4 cup | Vegetable |
| 1/2 oz eq | Grains |
| 1 1/2 oz | Meat/Meat Alternate |



3/4 cup
Low/ Fat-Free
Milk



Meat
Alternate

LUNCH/SUPPER

SNACK requires a selection of 2 of the 5 components.

- | | |
|-----------|---------------------|
| 1/2 cup | Low/Fat-Free Milk |
| 1/2 cup | Fruit |
| 1/2 cup | Vegetable |
| 1/2 oz eq | Grains |
| 1/2 oz | Meat/Meat Alternate |



Must offer and make water
available throughout the day.



SNACK

CACFP serves over 4.6 million children every day.

Child Nutrition Reauthorization

We polled the members of the National CACFP Sponsors Association who represent the entire country and community operating the USDA Child and Adult Care Food Program.

Here's what matters most.

Increase Reimbursement Rates For Family Home Child Care Providers In Order To Support Improved Meal Service

The last increase in reimbursement rates for family home child care providers was July 2015. All meals and snacks increased by \$.01 except Tier 2 breakfasts and snacks, which remained the same. In July 2016 all reimbursement rates went down by \$.01 or \$.02 except for Tier 2 breakfast and snacks, which remained the same.

Eliminate USDA Regional Office and State Agency Add-ons to Federal Regulation

Require USDA Regional Offices and State Agencies to adhere to Federal Regulations without adding additional rules which create barriers to participation.



Making a Difference →

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Over 4.6 million children served each day.

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A National Platform for the Child and Adult Care Food Program Community

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